

You May Not Walk Alone

I share with you the agony of your grief,
The anguish of your heart finds echo in my own.
I know I cannot enter all you feel
Nor bear with you the burden of your pain;
I can but offer what my love does give:
The strength of caring,
The warmth of one who seeks to understand
The silent storm-swept barrenness of so great a loss.
This I do in quiet ways,
That on your lonely path
You may not walk alone.

Dr. Howard Thurman